

**ADVISORY COUNCIL ON THE STATE PROGRAM FOR WELLNESS AND  
THE PREVENTION OF CHRONIC DISEASE**

**[DRAFT] MINUTES**

**AUGUST 13, 2020**

**1:00 p.m.**

The meeting was held virtually through Zoom, in accordance with Governor Sisolak's emergency directive on public meetings to maintain government transparency and protect public safety.

**Zoom Meeting**

**Board Members Present**

Tom McCoy, MA, JD, Chair  
Christina Demopoulos, DDS  
Erin Dixon, MS  
Chris Needham, MBA  
Andrew Snyder  
Chris Syversen  
Michelle Gorelow, MA  
Yvanna Cancela

**Board Members Not Present**

Stacy Briscoe, MS

**Division of Public and Behavioral Health Staff Present**

Sarah Metcalf, MPH, NDTR, CLC, Nutrition Unit Deputy Chief, Child, Family and Community Wellness (CFCW), Division of Public and Behavioral Health (DPBH)

Karissa Loper, MPH, Deputy Bureau Chief, CFCW, DPBH

Lily Helzer, MPH, Section Manager, Chronic Disease Prevention and Health Promotion (CHPHP), CFCW, DPBH

David Olsen, MPH, Quality Improvement Manager, CDPHP, CFCW, DPBH

Laura Urban, Office of Food Security and Wellness Manager, CDPHP, CFCW, DPBH

Janet Osalvo, Obesity Prevention Coordinator, CDPHP, CFCW, DPBH

Kellie Ducker, Health Systems Manager, CDPHP, CFCW, DPBH

Zarmish Tariq, MPH Tobacco Control Program Coordinator, CDPHP, CFCW, DPBH

Becky Follmer, Administrative Assistant II, CDPHP, CFCW, DPBH

Mallory Otto, Administrative Assistant II, CDPHP, CFCW, DPBH

**Others Present**

Maria Azzarelli, Manager, Southern Nevada Health District (SNHD)

Tina Dortch, MPA, Program Manager, Office of Minority Health and Equity

Abigail Wheeler, Elko County

**1. Roll Call**

Roll call was taken, and it was determined a quorum of the Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease (CWCD) was present, per Nevada Revised Statute (NRS) 439.518 § 2.

**2. Approve Minutes from the April 29, 2020 Meeting**

Tom McCoy asked if there were any corrections to the minutes from April 29, 2020 meeting. There were none.

**Chair McCoy entertained a motion to approve the minutes. A motion to approve was made by Chris Syverson, and Erin Dixon seconded the motion to approve the minutes.**

**3. Review Purpose and Function According to Bylaws**

Chair McCoy reviewed the purpose and function of CWCD.

Tina Dortch recommended chairs from various councils convene to coordinate efforts to minimize duplication of efforts.

Chair McCoy said making recommendations to the governor prior to the State of the State address would be ideal.

Chris Syverson said she is interested in garnering support for programs aligned with CWCD's purpose.

Mr. Needham asked whom CWCD is advising.

David Olsen said the council is considered advisory in nature and makes recommendations to DPBH and Nevada Department of Education (NDE).

Karissa Loper said specific asks or recommendations would go to our Administrator, Lisa Sherych.

Dr. Demopolous said other councils have provided annual reports to the Administrator in an effort to invite change in statute or code.

**4. Make Recommendations for Vice Chair and Board Members: 2(D), 2(E), 2(K), and 2(f)**

Chair McCoy asked if we have received any recommendations for: 2(d), one provider from the health care community, 2(e), one representative of the Nevada Association for Health, Physical Education, Recreation and Dance or its successor organization, 2(f), three representatives of organizations committed to the prevention and treatment of chronic diseases, and 2(k), one representative of the Nevada System of Higher Education from a list of persons submitted to the Administrator by the Board of Regents of the University of Nevada.

Chair McCoy asked for recommendations to be sent to Becky Follmer.

Tina Dortch encouraged the committee to embrace diversity when considering members. She said she has a recommendation for position 2(e) or 2(f), and she will reach out to him.

Andrew Snyder said getting a physical education teacher to join the committee would be difficult because meetings take place during school hours. He said he would send Ms. Follmer the information for Shape Nevada.

**5. Present Nevada Department Education Update**

Andrew Snyder presented the report. ([NDE Report 08.13.20](#))

Mr. McCoy asked if the COVID-19 pandemic has impacted what NDE is working on.

Mr. Snyder said the only impact was NDE allowed more time for public comment [given the ongoing transition to virtual meetings]. NDE did not put anything regarding COVID-19 into writing because COVID-19 may not be relevant in the future.

Chair McCoy asked if there were any more questions. There were none.

6. **Present Chronic Disease Prevention and Health Promotion (CDPHP) Section Updates and Program Reports**  
Sarah Metcalf presented the report, adding Lily Helzer was promoted from Clinical and Community Linkages Manager to CDPHP Section Manager. ([CDPHP Report 08.13.20](#))

Tina Dortch asked if there is any data on food security issues intersecting with the disabled population and if other states can retrieve this detailed data by zip code.

Laura Urban said to her knowledge other states are unable to retrieve the data at state level but she would look into it.

Chair McCoy asked if there were any more questions. There were none.

7. **Present Local Health Authority (LHA) Chronic Disease Prevention and Health Promotion Updates and Program Reports**

#### **Southern Nevada Health District (SNHD)**

Maria Azarelli presented the report. ([SNHD Report 08.13.20](#))

Michelle Gorelow asked if smoke-free housing includes marijuana.

Ms. Azarelli said it does include marijuana.

Chair McCoy asked if there were any more questions. There were none.

Erin Dixon said smoke-free housing in Washoe County does not include marijuana-free, but WCHB (Washoe County Health Board) encourages it.

#### **Washoe County Health District**

Ms. Dixon presented the report. ([WCHB Report 08.13.20](#))

Chair McCoy asked Ms. Dixon if the Wolfpack challenge would be impacted by the COVID-19 pandemic.

Ms. Dixon said she did not think so, but there are concerns regarding children sitting in front of their screens instead of being active.

#### **Elko County**

Ms. Wheeler presented on behalf of Elko. ([ECHB Report 08.13.20](#))

Ms. Dortch asked if any of the LHAs are being approached to engage in flu awareness activities at this time.

Ms. Azarelli said SNHD has a division dedicated to flu awareness [and prevention] activities.

Ms. Dixon said WCHD are engaging in those activities as well.

Ms. Wheeler said Elko County works with Nevada Health Centers and Immunize Nevada for Promotional purposes.

Chair McCoy thanked Ms. Wheeler.

**8. Preventive Health and Health Services (PHHS) Block grant Update**

David Olsen presented the update. ([PHHS Report 08.13.20](#))

Chair McCoy asked if there were any questions. There were none.

**9. Present program updates pertaining to the prevention of chronic diseases and COVID-19**

Ms. Urban, Kellie Ducker, and Zarmish Tariq presented on behalf of CDPHP. ([CDPHP COVID-19 Presentation 08.13.20](#))

Chair McCoy thanked Ms. Urban, Ms. Ducker, and Ms. Tariq.

**10. Public Comment**

Chair McCoy asked if there was any public comment.

Christina Demopolous asked if CWCD will continue to oversee activities for the Patient Centered Medical Home (PCMH) subcommittee.

Chair McCoy said PCMH had been removed from CWCD's responsibility.

Chris Needham said there is a possible partnership between among community health workers and public and private organizations which may offset the removal of funding in many areas.

**11. Adjournment**

**Chair McCoy entertained a motion to adjourn the meeting. A motion to adjourn was made by Mr. Needham; Ms. Syverson seconded the motion which passed unanimously.**

**The meeting adjourned at 2:45 p.m.**